

By joining a CSA, you share the risks and rewards of farming with the farmer and stay connected to where your food comes from. You help to support your regional economy, support local farm families, reduce your carbon footprint, and help preserve the environment/local ecosystems. With each share, you receive an informative newsletter loaded with recipes. **HOW IT WORKS:** Pick up your shares during the set day and time—we recycle, so return your boxes each week or bring a bag to carry your produce home and leave your box with us! Share your produce with your family, friends, and neighbors! Enjoy your produce and the recipes to prepare meals using healthy foods!

PICK-UP SITES NOTE: 10% of the proceeds from both the Bernie's Place, Mayhill Drive and Regent Street sites will be donated to Bernie's Place for the benefit of their families and staff. 10% of the proceeds from the Fair Oaks Site will be donated to the "Neighborhood / School Community Kiosk Art Project"

Bernie's Place—Central Campus—

206 Bernard Court, Madison

TUESDAYS from 2:30-5:30 pm (SCHEDULED AS FOLLOWS: June 15, 2010 through October 12, 2010)

Madison West—University Hill Farms—

5509 Regent Street, Madison

TUESDAYS from 5:00-7:30 pm (SCHEDULED AS FOLLOWS: June 15, 2010 through October 12, 2010)

Madison Southwest—Meadowood—

5938 Mayhill Drive, Madison

TUESDAYS from 5:00-7:30 pm (SCHEDULED AS FOLLOWS: June 15, 2010 through October 12, 2010)

Madison Near East—709 Fair Oaks

TUESDAYS from 5:00-7:30 pm (SCHEDULED AS FOLLOWS: June 15, 2010 through October 12, 2010)

Our Contributing Certified Organic Farmers:

Crystal Springs Farm, Hillsboro
Eli Yoder Farm, Hillsboro
Happy Farm, Hillsboro
Happy Valley Farm, Black Earth
Hidden Valley Mushrooms, Wisconsin Dells
L & L Greenhouse, Hillsboro
Elmer Lambright Farm, Hillsboro
Floyd Miller Farm, Hillsboro
Malek Family Stewardship Farm, Rosholt
J. M. Farm, Hillsboro
Jacob Mishler Farm, Hillsboro
Joe Hochstettler Farm, Hillsboro
Malek Family Farm, Rosholt
Maple Shade Farm, Platteville
Mark Bontrager Farm, Hillsboro
Meadowbrook Farm, Avoca
Menno Mast Farm, Hillsboro
Nature Nook, Hillsboro
New Century Farm, Shullsburg
Schaefer's Orchard Run, Chippewa Falls
Pinnacle Pastures, Ripon
Pine View Farm, Hillsboro
Pleasant Hill Farm Market, Stoughton
Pleasant Valley Farm, Baraboo
Pristine View Farm, Hillsboro
Schrock Family Farm, Hillsboro
Spring Valley Produce, Hillsboro
Tipi Produce, Evansville
Andy Troyer Farm, Hillsboro
Twinhawks Hollow Farm, Hillsboro
V-Greenhouse, Hillsboro
Vernon Schrock Farm Hillsboro
West Star Farm, Cottage Grove
Whispering Spruce Organics, Hillsboro
More farms are joining us every week!

Other Contributors:

Bee Pure Honey, West Bend
Cedar Grove Cheese, Plain
Gentle Breeze Honey, Mount Horeb
WI River Prairie Honey, Prairie du Sac

2010 Madison CSA Community Supported Agriculture

Simply Wisconsin, LLC

Local

Organic

Affordable



For more info contact: Deb Hansen

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E-mail: simplywisconsin@yahoo.com

Address: PO Box 6171

Madison, WI 53716-0171

Fax: (608) 237-2082

Web: www.simplywi.com

SIGN UP BY PHONE, E-MAIL, FAX, OR
SIGN-UP ONLINE AT:

For Google Checkout Users

<http://simplywisconsin.smallfarmcentral.com>

For PayPal Users:

<http://www.simplywi.com/store/233>

Simply Wisconsin . . . 2010 SUMMER CSA Program

2010 SIMPLY WISCONSIN CSA SIGN-UP FORM FOR MADISON MEMBERS

Here's what we offer for the summer season . . . Something for everyone!

<p>FULL PRODUCE SHARE—EVERY WEEK for 18 Weeks</p> <p>Our summer produce equals a variety of 8 items per box including one herb item per week. This share includes certified organic produce (fruit and veggie) items only.</p>	\$440.00	
<p>HALF-PRODUCE SHARE—EVERY OTHER WEEK for 18 Weeks (9 deliveries)</p> <p>Our summer produce equals a variety of 8 items per box including one herb item per week. This share includes certified organic produce (fruit and veggie) items only, and is delivered EVERY OTHER WEEK.</p>	\$230.00	
<p>BASIC 4 PRODUCE SHARE—EVERY WEEK for 18 Weeks</p> <p>Not ready to jump into a larger 8-item produce share? Try the basic four! Four staple produce items delivered every week —items are determined seasonally, but are designed to help stock your pantry and your fridge with staple seasonal produce!</p>	\$230.00	
<p>EGG SHARE—EVERY WEEK for 18 Weeks</p> <p>One dozen farm-fresh organic brown eggs delivered EVERY WEEK. Eggs are organic, pastured when available, and fed organic grain when not pastured. These chickens are cage-free. Feel free to order as many egg shares as you wish, especially if you do a lot of baking!</p>	\$75.00	



One of our 2009 CSA summer share boxes—including cauliflower, eggplant, garlic chives, green peppers, and heirloom tomatoes

<p>HALF-EGG SHARE—EVERY OTHER WEEK for 18 Weeks (9 deliveries)</p> <p>One dozen farm-fresh organic brown eggs delivered EVERY OTHER WEEK. Eggs are organic, pastured when available, and fed organic grain when not pastured. These chickens are cage-free.</p>	\$40.00	
<p>CHEESE SHARE—EVERY WEEK for 18 Weeks</p> <p>Alternate 1# and 1/2# of great Wisconsin cheeses every week! A great chance to try some of the great Wisconsin cheeses you're always wanted to try, including Cheddar with Roasted Garlic, Cheddar with Tomato and Basil, and Raw Milk Cheddar, as well as goat cheeses. too!</p>	\$150.00	
<p>MEAT SHARE—5 Deliveries—MONTHLY</p> <p>A variety of frozen meats (a 12-15# assortment per delivery)—beef, lamb, pork, and poultry products for 5 deliveries—all meats are pastured/grass fed or organic with no antibiotics/hormones.</p>	\$500.00	
<p>PRESERVE/PROCESSING SHARE—5 Deliveries—MONTHLY</p> <p>Includes 6 seasonal processed items and year-round offerings including organic flours, corn meals, maple syrup, honey, pickles, jams, fruit butters, salsas, spaghetti sauce, veggie juices, nuts, dried beans, popcorn, and more.</p>	\$165.00	

Name: _____

Address: _____

City/State/Zip: _____

Best Phone to Reach You: _____

E-mail: _____

FULL PRODUCE _____ @ \$440.00 = \$ _____

HALF PRODUCE _____ @ \$230.00 = \$ _____

BASIC 4 SHARE _____ @ \$230.00 = \$ _____

EGG SHARE _____ @ \$75.00 = \$ _____

HALF-EGG SHARE _____ @ \$40.00 = \$ _____

CHEESE SHARE _____ @ \$150.00 = \$ _____

MEAT SHARE _____ @ \$500.00 = \$ _____

PRESERVE SHARE _____ @ \$165.00 = \$ _____

TOTAL PURCHASED \$ _____

Subtract discount if you sign up for (\$ 50.00) produce, cheese, meat, or preserve shares and pay in full prior to February 1, 2010 (does not apply egg shares)

Pay in full by Check today: \$ _____

Pay in full by Credit Card today: \$ _____

Extended Pay—pay 1/2 now and 1/2 due June 1, 2010 (invoice for second pmt) \$ _____

Credit Card Number: _____

Expiration date: _____

Signature: _____

Pick-Up Site: _____

SAMPLE PRODUCE / BASIC FOUR* BOXES

FROM SIMPLY WISCONSIN

ALL PRODUCE IS CERTIFIED ORGANIC

Early Season:

- 1# rhubarb
- 2 heads of mixed lettuce*
- 1 bunch spring radishes
- 1 quart strawberries*
- 1 bunch chives
- 1# green asparagus*
- 1/2# white button mushrooms*
- 1/2# green garlic

Mid Season:

- 1 icebox watermelon*
- 1 bunch celery
- 2# mixed red and yellow flesh potatoes*
- 1/2# oyster mushrooms
- 4 large banana peppers
- 12 ears sweet corn*
- 1 bunch dill
- 2# heirloom tomatoes*

Late Season:

- 1 bunch Tuscan kale*
- 1 bunch white salad turnips
- 3# heirloom tomatoes
- 1 bunch greentop beets
- 1/2# shiitake mushrooms*
- 1 head green savoy cabbage*
- 2# red roma tomatoes*
- 1 bunch oregano

* denotes the items that will likely be in the Basic Four Share for each box

SAMPLE CHEESES

FROM SIMPLY WISCONSIN

ALL CHEESES ARE ORGANIC OR rBGH and GMO FREE

- Organic Raw Milk Cheddar
- Organic Monterey Jack
- Organic Mozzarella
- Non-Organic (rBGH free) Cheddar with Natural Smoked Salmon
- Non-Organic (rBGH free) Butterkaese Cheese
- Non-Organic (rBGH free) White Cheddar with Chipotle
- Non-Organic (rBGH free) White Cheddar with Dill
- Non-Organic (rBGH free) White Cheddar with Tomato & Basil
- Non-Organic (rBGH free) White Cheddar with Vegetables & Herbs
- Non-Organic (rBGH free) Yellow Cheddar with Horseradish
- Non-Organic Goat Cheddar
- Non-Organic Goat Jack
- Non-Organic (rBGH free) White Cheddar with Caraway
- Non-Organic FAARKO (Goat and Sheep's Milk) Cheese

More cheese varieties coming soon

SAMPLE PRESERVE SHARE ITEMS

FROM SIMPLY WISCONSIN

- Jams and Jellies
- Flours, Corn Meals
- Fruit Butters
- Honey
- Preserved Tomato Products including Salsas, Tomato Sauces, Canned Tomatoes, and Ketsup
- Pickles
- Dried Fruits and Vegetables
- Dried Herbs
- Hickory Nuts
- Black Walnuts

SAMPLE MEAT SHARE BOX EACH MONTH

FROM SIMPLY WISCONSIN

ALL MEATS ARE ORGANIC, PASTURED OR GRASS FED

Sample 1

- 2 x 1# beef stew meat
- 2 x 1# ground beef
- 2 x 1# Italian sausage
- 2 packages (1# each) bacon
- 2 packages (2 each) pork chops
- 1 package (2 each) lamb chops
- 2 packages (1" thick) sirloin steaks
- 2 pasture-raised whole chickens

Sample 2

- 1 x 1# ground chicken
- 2 x 1# ground beef
- 2 x 1# breakfast sausage
- 1# summer sausage
- 2 x 1# Brats
- 2 x 2-3# Chuck roasts
- 1 medium ham
- 3# chicken wings

Sample 3

- 1 x 1# lamb stew meat
- 1 x 1# beef stew meat
- 2 x 1# ground beef
- 1 x 1# side pork
- 1 x 1# bacon
- 1 x 2-3# pork shoulder or end roast
- 2 x 8 oz. filet mignon
- 1 small/medium organic turkey (later in the season)